

**CLASS XII HOME SCIENCE (064)
PRACTICE QUESTION PAPER -1
(2020-21)**

TIME-3 HRS

M.M-70

GENERAL INSTRUCTIONS-

1. All questions are compulsory.
2. There are a total 36 questions.
3. Question paper is divided into three sections-A,B and C.
4. Section A has question no.1 to 14 (objective type question) and are of 1 mark each.
5. Section B has no. 15 to 21 (case study based multiple choice questions) and are of 1 mark each.
6. Section C has question no.22 to 27 of 2 marks each, question no. 28 and 29 of 3 marks each, question no. 30 to 33 of 4 marks each and question no. 34 to 36 of 5 marks each.
7. Internal choices are given in some questions.
8. Support your answer with suitable examples wherever required.

	SECTION A (OBJECTIVE TYPE QUESTIONS)	
S.No	Multiple choice question	Marks
1.	Which is the condition that results from nutrient deficiency or over consumption? a) Over nutrition b) Malnutrition c) Undernutrition d) Lack of nutrient Or Which is the most common cause of childhood blindness? a) IDD b) VAD c) PEM d) IDA	1

2	Which of the following conditions are required by bacteria to grow and multiply? a) Sunlight b) Moisture c) Suitable Temperature d) Both b) and c)	1
3	-----means the colour, flavour, taste ,texture and nutritional value of a food is unsuitable and not edible to humans . a) Drying b) Food spoilage c) Food processing d) Food preservation	1
4	Food safety and quality cannot be ensured through-----. a) HACCP b) GMP c) GHP d) PFA Or -----is not a physical hazard. a) Hair b) Fly c) Stone d) Button	1
5	Juveniles who are found guilty in terms of violation of law are placed in custodial care in which kind of home? a) Observation homes b) Special homes c) Juvenile /children homes d) SOS children villages	1

6	Match the following :- a) Hotel b) Furnished camp c) Lodge d) Resorts i) Provide space on rent ii) Provide accommodation and meal iii) Provide beauty and comfort iv) Provide accommodation for hiking a) A iii), B i), C ii) , D iv) b) A ii), B iv) , C i), D iii) c) A iv), B iii), C i), D ii) d) A i), B ii), C iii), D iv)	1
7	Process of adding sugar to make Jam, jelly and sauces etc. is called- a) Canning b) Drying c) Pasteurisation d) Refrigeration	1
8	----- level is the first level of contact of the individual , family or community with the health system a) Tertiary b) Primary c) Sub-primary d) Secondary	1
	Fill in the blanks:-	
9	----- measurements are taken for nutritional assessment. Or India is likely to be the -----'capital' of the world.	1
10	-----is the act of creating a new and innovative enterprise, product or service.	1

11	Identify the craft and name the state in which it is practiced.  Or Identify the Painting and name the state where it is popular. 	1
12	Draw the standardized mark found on Water bottle.	1
13	Predict two benefits of SOS children village for children.	1
14	Your sister wants to send her 3 year old son to the Montessori school. Write two reasons for choosing such school. Or Reena wants to send her 2 year old daughter in a crèche. Which two features should she look for in selecting a good crèche?	1

	SECTION B (CASE STUDY BASED QUESTION)	
	Line is defined as a mark that connects two points; it has beginning and an end. When used as an element of design, it indicates the shape of things. Straight lines are rigid unbroken lines and create different effects depending on their direction. They can also express mood and indicate force, strength and rigidity. Vertical lines emphasize height and give the effect of slimness, severity, dignity and reserve. Horizontal lines signify sideways movement, create illusion of width and reduce height. They are parallel to the ground and give stable and placid effect. Diagonal lines increases or decreases width and height, depending on the degree and direction of angle. The curved lines are one with any degree of roundness. The degree of roundness determines the curve. They give the impression of femininity and daintiness.	
15	Which element of design provides movement and determines direction? a) Shape b) Pattern c) Line d) Colour	1
16	What do vertical lines signify? a) upward movement b) side wise movement c) diagonal movement d) curved movement	1
17	Which of the following lines create dramatic effect? a) Horizontal lines b) Vertical lines c) Curved lines d) Diagonal lines	1
18	Which of the following is an incorrect statement? a) Hue is name of the colour b) Intensity is the dullness or brightness of colour c) Shapes are made by connecting lines d) Parabola is not a curved line	1

	Various methods to preserve food items after harvesting or slaughtering have been practiced since prehistoric times. Commonly used conventional methods are sun drying, controlled fermentation, salting/pickling, candying, roasting, smoking, baking and using spices as preservatives. Perishable food that spoils quickly within one or two days like milk, meat etc. Semi Perishable foods that can last for 1-2 weeks like fruits and vegetables etc. Non-Perishable foods that may last for one year like grains. The concepts associated with food processing are reducing / eliminating microbial activity and other factors that influence food spoilage.	
19	Spinach is an example of- a) Non-Perishable Food b) Perishable Food c) Semi Perishable Food d) Frozen Food	1
20	Bacteria grow at any temperature between ----- which is called the danger zone. a) 10-60 degree Celsius b) 5-65 degree Celsius c) 5-60 degree Celsius d) 10-65 degree Celsius Or High risk foods rich in protein are----- and -----. a) Rice ,wheat b) Fruits ,vegetables c) Sugar ,oil d) Fish ,meat	1
21	Which of the following methods is required for preventing food spoilage? a) Removal of salt from food b) Addition of water in food c) Removal of moisture from food d) Availability of oxygen	1

	Or Rice , wheat , pulses are -----type of foods a) Semi Perishable b) Perishable c) Non-Perishable d) Processed	
	SECTION C	
22	What are nutraceuticals? Give two examples. or What are phytochemicals ? Give two examples.	2
23	Enlist any four nutrition programmes operating in our country.	2
24	Write four types of market segmentation. Or Write any four merchandising rights.	2
25	What do you mean by public health nutrition? What is meant by" the India is facing the double burden of malnutrition".	2
26	Enumerate the knowledge and skills that a fashion designer and merchandiser must possess?(Any two)	2
27	What are the two methods of feeding the patients?	2
28	What is the importance of Preschool in Early Childhood Care and Education?	3
29	'Beti Bachao Beti Padhao' scheme was initiated in which year ?What are the two main objectives of this scheme ? Or What do you mean by Ergonomics? What are two needs of ergonomics in our daily life?	3

30	What are the reasons for children being vulnerable? Describe in details any two programmes for children operating in our country.	4
31	Ajay is selected as a Front Office Manager in a Hotel. Educate him about the designations and the duties of various personnel in the Front Office. Or Ramesh is Front Office Manager in a resort. What are the services he should get done from his staff?	4
32	Discuss any four problems faced by consumers.	4
33	Mrs. Geeta wants to open her own Boutique. Suggest her any four principles of design for designing clothes.	4
34	Elaborate the role of Codex and ISO in the area of food standards, quality, research and trade .Differentiate between them.	5
35	What is Campaign? Name any two other means of Development Communication. Make a slogan for a campaign on Covid Appropriate Behaviour. Or What is the Red Ribbon Express Campaign? Explain in detail. Mention its five objectives.	5
36	Which equipments are used in care and maintenance of fabrics in institutions? Explain briefly any five.	5